OpenView Education

TRAINING THROUGH THEATRE

Anti-Bullying Lesson Plan EYFS/KS1

A message from James...

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Director

OpenView Education

Thank you for downloading these lesson plans.

The content in these lesson plans is informed by our direct work with over 75,000 students and teachers every year in our workshops and performances.

At OpenView Education we care about providing you with the tools and resources that you need to deliver fantastic lessons.

Perhaps we will have the opportunity to work together in the future; in the meantime we hope you find these lessons useful.

Kindest Regards,

James

Welcome to OpenView Education

The aim of these lessons and our workshops and performances is to achieve the following outcomes for your students:

- ⭐ **Understand how we can be a good friend.**
- ⭐ **Encourage a culture of empathy and mutual respect.**
- ⭐ **Increase self-awareness.**

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Lesson Plan 2 (EYFS/KS1) – Friendship Footprints

Students Will…

- ☆ Understand how we can be a good friend.
- ☆ Understand how being a good friend can make us and our friends feel good.
- ☆ Create and decorate a Friendship Footprint.
- ☆ Act out the behaviours of being a good friend in a role-play situation.

Resource List:

- ✓ Felt Pens
- ✓ A4 Paper or Friendship Footprint Outline (One Per Student)
- ✓ Glue and Decorations (Optional)

Teaching the Lesson…

Introduction

Write 'Being a Good Friend' on the board. Ask your students…

'How can we be a good friend?'

Good answers could be:

- ☆ Offering to help.
- ☆ Listening when other people are talking.
- ☆ Saying kind things.
- ☆ Being polite.
- ☆ Being honest.

And then ask…

'What is a good friend like?'

This can include ideas such as:

- ☆ Friendly
- ☆ Supportive
- ☆ Caring

Create a Mind Map on the board with all the ideas. Write some sentences on the board that the students will be able to easily copy down. These sentences can be based on the students' suggestions.

Extension Task: For EYFS you can get your students to repeat back the ideas: 'A good friend is kind.' Or 'A good friend is caring.' Ask how we feel when our friends are kind towards us.

Activity 2 – Role-Play Being a Good Friend

Explain that you are going to role-play being a good friend.

Set up a role-play situation in which the students can act out kind actions.

You can guide your students through acting out the following scenarios:

- One student is playing by themselves, another student walks over and asks them if they would like to join in playing a game.
- One student is being teased by another student and it is upsetting them, one student takes them to speak to a teacher about it.
- One student is feeling sad, another student says something kind to cheer them up.

Encourage the quieter students and any that didn't volunteer during the
If suitable for your class, you can let your students work in small groups to create a scene of their own.

For EYFS and if students are unsure of what to say, guide them through the role-play by giving them lines to repeat. After each role-play scenario get the rest of the class to clap.

Activity 3 – Friendship Wall Display – 20 minutes

Explain to your class that they will be creating their very own Friendship Footprint and these will be used to create a wall display to help everyone in the school remember how to be a good friend.

Leading the Activity…

1. Give each student an A4 piece of paper.

2. Lead the students in drawing an outline of their foot onto the paper. Students will need to place their foot on the paper, so they will need to take off one of their shoes to do this.

Tip: This can be a fun part of the activity, but for very young children you can use the Friendship Footprint Outline provided.

3. Once all students have their Friendship Footprints, have the students write one sentence that describes how we can be a good friend on to their Friendship Footprint. Then allow your students to decorate their paper foot, but explain the message must still be easy to read. This can be done with felt pens, or if you are feeling more adventurous allow your students to stick decorations on with glue.

4. Collect in the Friendship Footprints.

You can then use these Friendship Footprints to create your Anti-Bullying or Friendship wall display in your classroom or in the hall.

Conclusion

Conclude the lesson by looking at some examples of the Friendship Footprints the students have made.

Ask some questions to revisit the ideas you looked at during the lesson such as:

- ‘What is a good friend like?’
- ‘What could we do to be a good friend?’
- ‘Why is it fun to have a friend who is different from you?’

Great job!

We hope you and your students enjoyed these lessons.

We’d love to hear what you thought:

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Friendship Footprint